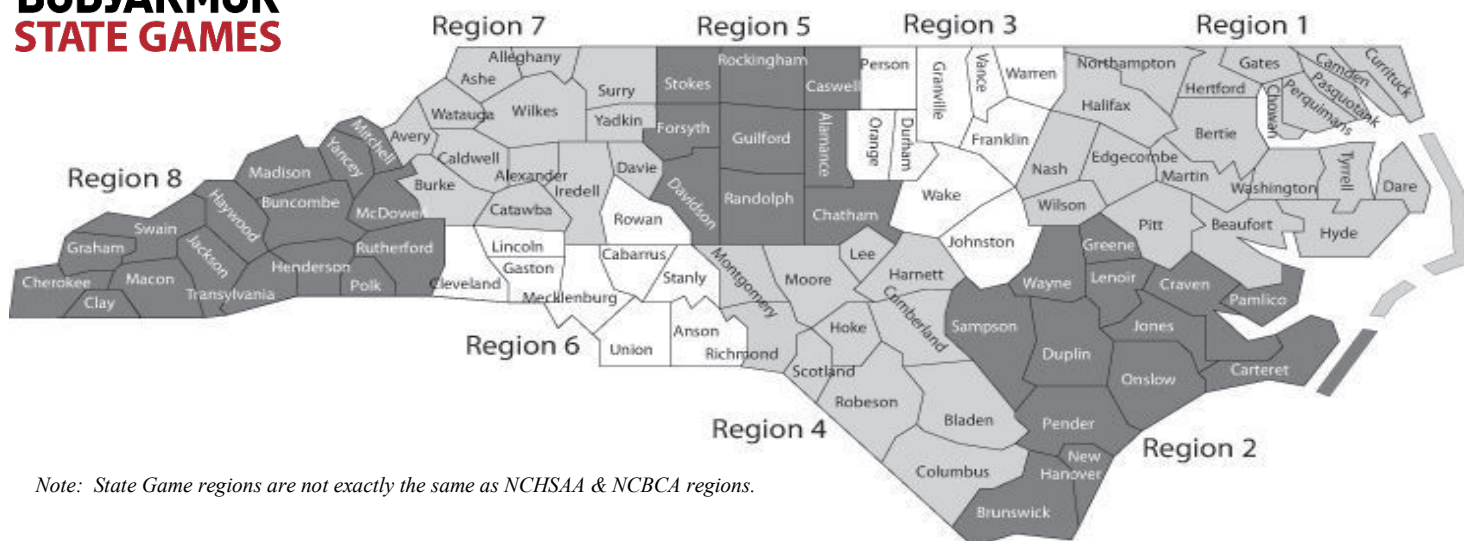




2026 BODYARMOR STATE GAMES

HIGH SCHOOL BASEBALL COACHES

1/12/26



Note: State Game regions are not exactly the same as NCHSAA & NCBCA regions.

REGION 1 – HEAD COACH

Pat McRae – South Central HS
c/910-280-8715
wpm0430@gmail.com

Assistant Coaches

Willie Langley – Nash Central HS
c/252-904-8683
Wllangley@ncpschools.net

Zach Alexander – Manteo HS
c/252-907-0944
alexanderza@daretolearn.org

Granville Gehris – First Flight HS
c/919-777-8143
gehrisjo@daretolearn.org

REGION 5 – HEAD COACH

Brent Haynes- Northwood HS
c/336-675-7475
rhaynes@chatham.k12.nc.us

Assistant Coaches

Kevin McIntosh – West Forsyth HS
c/336-407-6271
kmcintosh@wsfcs.k12.nc.us

Ryan Spencer – Trinity HS
c/336-880-5373
rspencer@randolph.k12.nc.us

Adam Gunn – Southeast Alamance HS
c/336-601-6649
agunn515@gmail.com

REGION 2 – HEAD COACH

Cam Sherrer – North Lenoir HS
c/480-620-3705
csherrer@lenoir.k12.nc.us

Assistant Coaches

Justin Carroll – Midway HS
c/919-896-3482
jcarroll@sampson.k12.nc.us

Allen Thomas – C.B. Aycock HS
robertthomas@wcps.org

Josh VanMeter – East Carteret HS
c/240-362-3665
joshua.vanmeter@carteretk12.org

REGION 6 – HEAD COACH

Jordan Sells – Hickory Ridge HS
c/980-581-1024
jordan.sells@cabarrus.k12.nc.us

Assistant Coaches

Tommy Small – Porter Ridge HS
c/704-213-9571
thomas.small@ucps.k12.nc.us

Sam Skinner – S. Mecklenburg HS
c/252-347-8930
samuell.skinner@cms.k12.nc.us

Chad Yow – West Stanly HS
c/980-621-5304
chad.yow@stanlycountyschools.org

REGION 3 – HEAD COACH

Ty Norwood – Millbrook HS
c/336-908-2044
tnorwood@wcpss.net

Assistant Coaches

Jason Knapp – Orange HS
c/336-267-4165
jason.knapp@orange.k12.nc.us

Derek Bracey – West Johnston HS
c/910-770-6415
derrickbracey@johnston.k12.nc.us

Adam Weaver – Corinth Holders HS
adamwaever@johnston.k12.nc.us

REGION 7 – HEAD COACH

Jack Moss – Forbush HS
c/336-408-9559
jack.moss@yadkin.k12.nc.us

Assistant Coaches

Joey Anderson – Davie County HS
andersonj@davie.k12.nc.us

Zach Little – South Iredell HS
c/704-918-0464
Zachary_little@iss.k12.nc.us

TBD

REGION 4 – HEAD COACH

David Reece – Triton HS
c/910-358-1697
dreece@harnett.k12.nc.us

Assistant Coaches

Sam Guy – Terry Sanford HS
c/910-322-2260
samuelguy@ccs.k12.nc.us

Dalton Hardee – Lee Senior HS
c/828-266-9059
ahardee.ls@lee.k12.nc.us

Blake Maxwell – South View HS
c/910-322-5890
blakemaxwell@ccs.k12.nc.us

REGION 8 – HEAD COACH

Michael Staicar – AC Reynolds HS
c/828-215-6725
michael.staicar@bcsemail.org

Assistant Coaches

Will Lindsey – Brevard HS
c/828-489-5851
wlindsey@tcsnc.org

Wes Plemmons – Smoky Mtn. HS
c/828-231-2495
rplemmons@jcpsmail.org

Andy Runion – N. Buncombe HS
c/804-691-6623
Andrew.Runion@bcsemail.org

*Varsity players interested in trying out for the State Games must register for tryouts online (www.ncsports.org) on or before **March 6** to avoid an additional late fee. Click on the BODYARMOR State Games dropdown, select Summer Games Sports and then go to the Baseball - High School page. A \$18 application fee is required and can be paid online with MasterCard or Visa when registering. All registrations must be submitted online prior to attending a tryout. A late fee will apply after **March 6**. No player will be allowed to participate in a tryout without being properly registered. Email bodyarmorstategames@ncsports.org with any questions.*