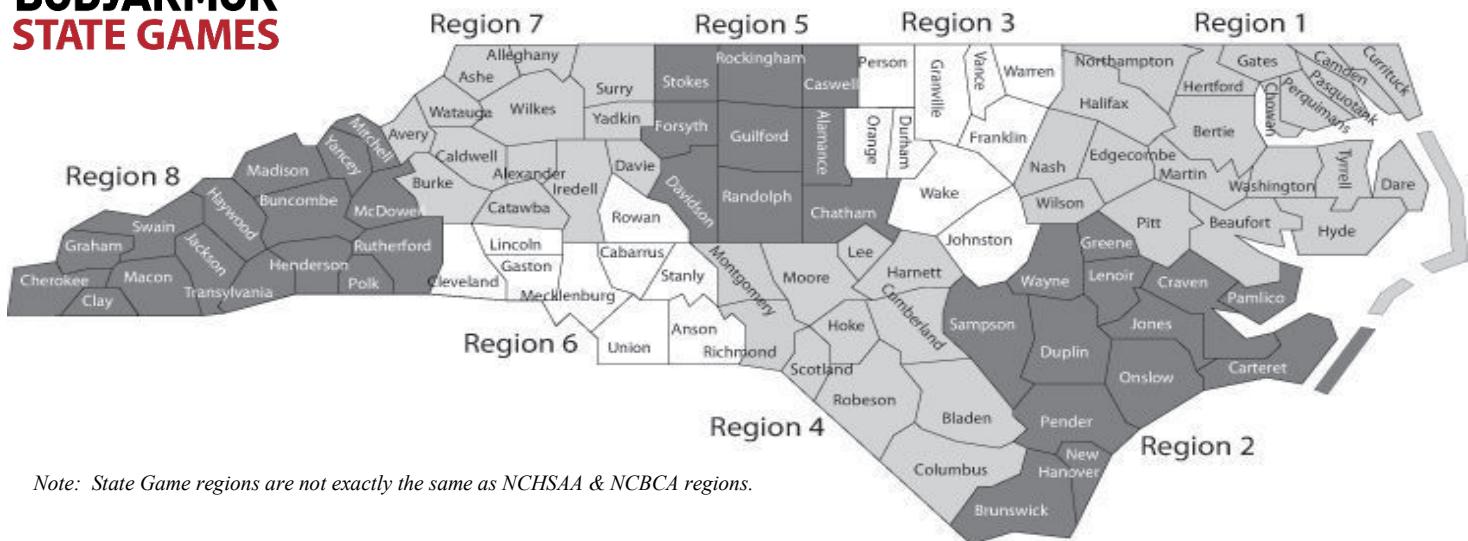




**BODYARMOR  
STATE GAMES**

# 2026 BODYARMOR STATE GAMES HIGH SCHOOL BASEBALL COACHES

1/12/26



## REGION 1 – HEAD COACH

Pat McRae – South Central HS  
c/910-280-8715  
wpm0430@gmail.com

### Assistant Coaches

Willie Langley – Nash Central HS  
c/252-904-8683  
Wllangley@ncschools.net

Zach Alexander – Manteo HS  
c/252-907-0944  
alexanderza@daretolearn.org

Granville Gehris – First Flight HS  
c/919-777-8143  
gehrisjo@daretolearn.org

## REGION 2 – HEAD COACH

Cam Sherrer – North Lenoir HS  
c/480-620-3705  
csherrer@lenoir.k12.nc.us

### Assistant Coaches

Justin Carroll – Midway HS  
c/919-896-3482  
jcarroll@sampson.k12.nc.us

Allen Thomas – C.B. Aycock HS  
robertthomas@wcpss.org

Josh VanMeter – East Carteret HS  
c/240-362-3665  
joshua.vanmeter@carteretk12.org

## REGION 5 – HEAD COACH

Brent Haynes- Northwood HS  
c/336-675-7475  
rhaynes@chatham.k12.nc.us

### Assistant Coaches

Kevin McIntosh – West Forsyth HS  
c/336-407-6271  
kmcmintosh@wfschs.k12.nc.us

Ryan Spencer – Trinity HS  
c/336-880-5373  
rspencer@randolph.k12.nc.us

Adam Gunn – Southeast Alamance HS  
c/336-601-6649  
agunn515@gmail.com

## REGION 6 – HEAD COACH

Jordan Sells – Hickory Ridge HS  
c/980-581-1024  
jordan.sells@cabarrus.k12.nc.us

### Assistant Coaches

Tommy Small – Porter Ridge HS  
c/704-213-9571  
thomas.small@ucps.k12.nc.us

Sam Skinner – S. Mecklenburg HS  
c/252-347-8930  
samuel.skinner@cms.k12.nc.us

Chad Yow – West Stanly HS  
c/980-621-5304  
chad.yow@stanlycountyschools.org

## REGION 3 – HEAD COACH

Ty Norwood – Millbrook HS  
c/336-908-2044  
tnorwood@wcpss.net

### Assistant Coaches

Jason Knapp – Orange HS  
c/336-267-4165  
jason.knapp@orange.k12.nc.us

Derek Bracey – West Johnston HS  
c/910-770-6415  
derrickbracey@johnston.k12.nc.us

Adam Weaver – Corinth Holders HS  
adamweaver@johnston.k12.nc.us

## REGION 7 – HEAD COACH

Jack Moss – Forbush HS  
c/336-408-9559  
jack.moss@yadkin.k12.nc.us

### Assistant Coaches

Joey Anderson – Davie County HS  
andersonj@davie.k12.nc.us

Zach Little – South Iredell HS  
c/704-918-0464  
Zachary\_little@iss.k12.nc.us

TBD

## REGION 4 – HEAD COACH

David Reece – Triton HS  
c/910-358-1697  
dreece@harnett.k12.nc.us

### Assistant Coaches

Sam Guy – Terry Sanford HS  
c/910-322-2260  
samuelguy@ccs.k12.nc.us

Dalton Hardee – Lee Senior HS  
c/828-266-9059  
ahardee.ls@lee.k12.nc.us

Blake Maxwell – South View HS  
c/910-322-5890  
blakemaxwell@ccs.k12.nc.us

## REGION 8 – HEAD COACH

Michael Staicar – AC Reynolds HS  
c/828-215-6725  
michael.staicar@bcsemail.org

### Assistant Coaches

Will Lindsey – Brevard HS  
c/828-489-5851  
wlindsey@tcsnc.org

Wes Plemmons – Smoky Mtn. HS  
c/828-231-2495  
rplemmmons@jcpsmail.org

Andy Runion – N. Buncombe HS  
c/804-691-6623  
Andrew.Runion@bcsemail.org

Varsity players interested in trying out for the State Games must register for tryouts online ([www.ncsports.org](http://www.ncsports.org)) on or before **March 6** to avoid an additional late fee. Click on the BODYARMOR State Games dropdown, select Summer Games Sports and then go to the Baseball - High School page. A \$18 application fee is required and can be paid online with MasterCard or Visa when registering. All registrations must be submitted online prior to attending a tryout. A late fee will apply after **March 6**. No player will be allowed to participate in a tryout without being properly registered. Email [bodyarmorstategames@ncsports.org](mailto:bodyarmorstategames@ncsports.org) with any questions.