

Belt Rank Conversion Chart

White Belt – Gup 10-9

Yellow Belt – Gup 8-7

Green Belt – Gup 6-5

Blue Belt – Gup 4-3

Red Belt – Gup 2-1

Black Belt – 1st Poom/Dan

Black Belt – 2nd Poom/Dan

Black Belt – 3rd Poom/Dan

Black Belt – 4th Poom/Dan

Black Belt – 5th Dan

WT Sport Poomsae Age & Belt Rank

Refer to the Posted Poomsae Chart

Hanging Name Badge Codes

DT = Demonstration Team

* **CB**=Creative Breaking * **TP**=Traditional Poomsae

* **SPI**=Sport Poomsae Individual * **SPP**=Sport Poomsae Pairs

* **SPT**=Sport Poomsae Team * **SPF**=Sport Poomsae Freestyle

* **GRS**=Grassroots Sparring * **WCS**= World Class Sparring

***PT**=Para Taekwondo