

***POWERADE STATE GAMES OF NORTH CAROLINA
TRACK AND FIELD RECORDS
1988-2019***

1988, '89, '92, '93, '94

WALLACE WADE STADIUM
DUKE UNIVERSITY, DURHAM

1990

ATHENS MEMORIAL TRACK
ATHENS DRIVE HIGH SCHOOL, RALEIGH

1991

BELK TRACK AND FETZER FIELD
UNIVERSITY OF NORTH CAROLINA, CHAPEL HILL

1995, '96, 2000

ST. AUGUSTINE'S COLLEGE, RALEIGH

1997, '98, '99

HIGH POINT ATHLETIC COMPLEX, HIGH POINT

2001, '02

PAUL DERR TRACK
NORTH CAROLINA STATE UNIVERSITY, RALEIGH

2003, '11, '12

WAKE FOREST UNIVERSITY, WINSTON-SALEM

2004

FORSYTH COUNTRY DAY, WINSTON-SALEM

2005, '06

CARY ACADEMY, CARY

2007, '08, '17, '18

NC A&T AGGIE STADIUM, GREENSBORO

2009, '10, '13, '19

IRWIN BELK TRACK COMPLEX
JOHNSON C. SMITH UNIVERSITY, CHARLOTTE

2014

IRWIN BELK TRACK AND FIELD CENTER
UNIVERSITY OF NORTH CAROLINA – CHARLOTTE

2015, '16

DURHAM COUNTY MEMORIAL STADIUM, DURHAM

2017, '18

NC A&T AGGIE STADIUM, GREENSBORO

YOUTH BOYS RECORDS

BOYS BANTAM (10 and under)

100m Dash

1.	Noah Rogers	'15	12.91
2.	Braylon Thomas	'18	12.96
3.	Isaiah Gadson	'12	13.20

200m Dash

1.	Noah Drew	'06	27.17
2.	Braylon Thomas	'18	27.90
3.	Cameron Walker	'16	27.93

400m Dash

1.	Brandon Leacock	'17	1:01.74
2.	Jailen Hicks	'15	1:02.07
3.	Jaquis Torian	'09	1:03.03

800m Run

1.	Brandon Leacock	'17	2:18.81
2.	Aiden Gaddy	'17	2:31.39
3.	Wayne Faison	'12	2:32.10

1500m Run

1.	Wesley Haws	'13	5:04.24
2.	Nijel Hunt	'07	5:11.80
3.	Christian Pigues	'09	5:16.61

Long Jump

1.	Noah Rogers	'15	15'3 ¼"
2.	Tashaun El-Amin	'94	15'1 ½"
3.	Cameron Walker	'16	14'10 ½"

High Jump

1.	Jermaine Jones	'10	4'10"
2.	Jonte Leaston	'07	4'4"
3.	Thomas Demps	'17	4'3 ¼"

Shot Put

1.	Jordan Richardson	'04	29'5"
2.	Jalen Peterkin	'04	28'8"
3.	Jahvaree Ritzie-Pouncey	'13	28'1"

Javelin

1.	Leighton Little	'19	104'
2.	Jared Lockhart	'17	101'00"
3.	Leighton Little	'18	97'02"

1500m Race Walk

1.	Evan Milledge	'13	10:57.99
2.	Tony Harris II	'13	11:06.44
3.	Curran Sidhu	'99	11:19.00

4x100 Meter Relay

1.	WS Roadrunners	'13	54.65
	- I. Crowell, B. Johnson, I. Sutton, J. Warren		
2.	Track Xplosion 'A'	'17	55.00
	- A. Brown, A. Evans, E. Rice, K. Jones		
3.	Charlotte Flights	'15	55.48
	- D. Williams, N. Brown, Q. Schofield, Z. Webb		

4x400 Meter Relay

1.	Carolina Elite	'13	4:51.53
	- V. Anthony, S. Demary, K. Lipscomb, K. Perry		
2.	Charlotte Flights	'09	4:59.08
	- S. Coates, M. Davis, D. Harris, D. Izzard		
3.	Carolina Elite 'A'	'12	5:16.22
	- J. Bowen, B. Brown, S. Demary, K. Perry		

BOYS MIDGET (11-12)

100m Dash

1.	Bryce Love	'09	11.77
2.	Reginald Love	'17	11.92
3.	Isaac Sutton	'15	12.02

200m Dash

1.	Bryce Love	'09	23.85
2.	Brian Williams	'14	24.69
3.	Khafre Brown	'13	25.33

400m Dash

1.	Bryce Love	'09	53.22
2.	Nathan Leacock	'16	55.97
3.	Christian Ruffin	'15	56.15

800m Run

1.	Brandon Leacock	'19	2:12.24
2.	Brandon Leacock	'18	2:16.71
3.	Coleman Mitchell	'12	2:18.42

1500m Run

1.	Dylan Core	'17	4:47.00
2.	Wesley Haws	'14	4:47.13
3.	Maddon Muhammad	'14	4:48.99

3000m Run

1. Dylan Core	'17	10:16.31
2. Wesley Haws	'15	10:18.24
3. Maddon Muhammad	'14	10:20.63

80m Hurdles

1. Myer Krah	'05	12.21
2. Jeremy Griffis	'09	12.24
3. Alexander Nunley	'15	12.33

Long Jump

1. Kimani Hoffman	'08	17'7"
2. Corwin Armstrongii	'19	17'5 ⁷ / ₈ "
3. Myer Krah	'05	16'5 ¹ / ₂ "

High Jump

1. Cameron Snellings	'08	4'10"
Jonathan Addison	'07	4'10"
2. Jonte Leaston	'09	4'9 ¹ / ₂ "
3. Brandon Leacock	'19	4'9 ¹ / ₈ "

Shot Put

1. Anthony Hawkins	'19	41' ¹ / ₈ "
2. Jered Henderso	'09	38'4 ³ / ₄ "
3. Elijah Mallory	'08	38'3"

Discus

1. Darion Drye	'18	103'4"
2. Vincent Anthony, Jr.	'16	97'1"
3. Jahvaree Ritzie-Pouncey	'15	96'2"

Javelin Turbo (300g)

1. Byrum Brown	'16	123'5"
2. Tony Harris	'16	101'8"

Javelin Aero (450g)

1. Jared Lockhart	'19	122'8 ¹ / ₂ "
2. Jared Lockhart	'18	95'7"
3. Ryan Montgomery	'17	90'2"

1500m Race Walk

1. Evan Smith	'03	10:11:31
2. Spencer Jordan	'09	10:36.85
3. Amaris Quenum-Stewart	'16	10:39.07

4x100 Meter Relay

1.	Charlotte Flights	'13	50.04
	- O. Alexander, K. Brown, I. Gadson, R. Hoff		
2.	WS Roadrunners	'15	50.06
	- B. Johnson, I. Sutton, J. Warren, T. Pate		
3.	Run U Xpress	'15	51.85
	- C. Brown, J. Davis, K. Perry, T. Adkins		

4x400 Meter Relay

1.	Durham Striders	'12	4:44.40
	- A. Beatty, T. Dunston, C. Johnson, K. McRae		
2.	Next Level Track Club 'A'	'17	5:01.67
	- C. Morrison, J. Hooker, L. Mills, L. Green		
3.	WS Roadrunners	'15	5:10.02
	- D. Robinson III, G. Ligons, J. Gullette, U. Igbinigie		

BOYS YOUTH (13-14)

100m Dash

1.	Xavier Jones	'09	11.25
2.	Xavier Smith	'18	11.28
	Alex Nunley	'17	11.28
3.	Terrell Robinson Jr.	'18	11.30
	Khafre Brown	'15	11.30

200m Dash

1.	Khafre Brown	'15	22.93
	Xavier Jones	'09	22.93
2.	Brian Williams	'16	23.21
3.	Darius Brewington	'89	23.25

400m Dash

1.	Brian Williams	'16	51.75
2.	Xavier Jones	'09	51.91
3.	Jalen Hill	'12	52.27

800m Run

1.	William Wicks	'12	2:05.91
2.	Dillon Leacock	'17	2:06.00
3.	Trevon McArn	'12	2:08.11

1500m Run

1.	Madison Daniel	'12	4:32.87
2.	Nolan Cook	'12	4:34.07
3.	Jonathan Crouse	'19	4:36.95

3000m Run

1.	Nolan Cook	'12	9:52.24
2.	James Artis	'93	9:56.20
3.	Tristan Wick	'15	10:01.13

100m Hurdles

1.	Mehki Wall	'18	13.27
2.	Alexander Nunley	'17	13.28
3.	Xavier Smith	'18	13.35

200m Hurdles

1.	Xavier Smith	'18	25.18
2.	Jabari Dalton	'15	25.93
3.	Jampel Francisco	'15	26.00

Long Jump

1.	Marcus Owen	'94	21' 1 1/2"
2.	Marcus Krah	'11	20' 3 1/2"
3.	Chris Mathews	'89	20' 3"

Triple Jump

1.	Marcus Krah	'11	44' 6 1/4"
2.	Jared Harrell	'18	40' 2"
3.	Damien Lassiter	'94	38' 8"

High Jump

1.	Michael Downing	'19	5' 10 7/8"
2.	Jonathan Addison	'09	5' 9 3/4"
	Jalen Ware	'09	5' 9 3/4"
3.	Isaiah Moore	'10	5' 8"

Shot Put

1.	Dylan Carter	'16	55' 4 1/4"
2.	Ricardo Smith	'12	50' 6"
3.	Chris Walkingstick	'89	44' 3 3/4"

Discus

1.	Dylan Carter	'16	168' 5"
2.	Craig Tewodros	'11	151' 4"
3.	Ricardo Smith	'12	147' 7"

Pole Vault

1.	Marshall Shank	'11	11' 5 3/4"
2.	Dylan McKnight	'93	10' 6"
3.	Ian West	'10	9' 10"

Javelin (600g)

1.	Timon Edelen	'15	150' 8"
2.	Ryan Tenor Jr	'15	114' 7"
3.	Tony Harris II	'18	113' 6"

3000m Race Walk

1.	Eric Osika	'12	18:41.08
2.	Amaris Quenem-Stewart	'17	20:54.57
3.	Joshua Englebert	'11	21:25.02

4x100 Meter Relay

1.	Run U Xpress 'A'	'17	45.79
	- A. Nunley, J. Davis, J. Quao Jr., K. Perry		
2.	Track Xplosion	'09	46.06
	- J. Addison, J. Branch, W. Chavis, R. Smith		
3.	Charlotte Flights Track Club	'16	46.19
	- A. Chapman, I. Gadson, J. Bennett, Jr., W. Sistruck		

4x400 Meter Relay

1.	Track Xplosion	'16	3:51.01
	- C. Ruffin, M. Joe, R. Sanders, W. Faison		
2.	Carolina Allstars	'10	3:51.92
	- D. Hamilton, T. McKinnon, J. Murray, T. Watson		
3.	Charlotte Flights	'12	3:57.34
	- M. Davis, J. Hill, B. McMillan, E. Quimby		

BOYS INTERMEDIATE (15-16)

100m Dash

1.	Cameron Rose	'18	10.59
2.	Marlin Davis	'17	10.79
3.	Markeo Jones	'09	10.80

200m Dash

1.	Greene Fuquan	'07	21.76
2.	Kenneth Brooks Jr.	'06	21.97
3.	Xavier Smith	'19	22.14

400m Dash

1.	Randolph Junior Ross	'17	49.73
2.	Dyami Brown	'15	49.83
3.	Jordyn Smith	'19	50.13

800m Run

1.	Carl Walton	'10	1:57.61
2.	Kwavon Taylor-Greene	'09	1:59.20
3.	Maddon Muhammad	'19	1:59.60

1500m Run

1.	Nick Thompson	'17	4:06.30
2.	Maddon Muhammad	'19	4:09.39
3.	Chris Goodwin	'94	4:14.17

3000m Run

1.	Mitch Mallory	'09	9:17.00
2.	Chris Goodwin	'94	9:22.00
3.	Sandy Roberts	'02	9:29.78

110m Hurdles

1. Wayne Davis II	'07	13.86
2. Wayne Davis II	'06	14.31
3. Joshua Brockman	'17	14.42

400m Hurdles

1. Booker Nunley	'06	56.56
2. James Robinson	'06	56.78
3. Isaiah Daniels	'16	57.48

Long Jump

1. Deonnonti McLean	'08	22'8 ½"
2. Rashad Hayes	'08	22'8"
3. Holt McPherson	'99	22'3 ¾"

Triple Jump

1. Brian Ellis	'89	47'2"
2. Reginald Barnes-Smith	'89	46'6"
3. Emmanuel Barnes-Smith	'89	46'2"

High Jump

1. Jaylon Holt	'10	6'6"
2. Charles McBride	'17	6'4 ¾"
3. Michael Massey	'99	6'4"

Shot Put

1. Ryan Minor	'09	53'0"
2. Danny Misenheimer	'98	50'9 ¾"
3. James Rowland	'11	49'3 ½"

Discus

1. Ryan Minor	'09	160'8"
2. Marcus Abraham	'13	145'6"
3. Ryan Minor	'08	142'5"

Pole Vault

1. Chandler Ward	'18	14'2"
2. Austin Vegas	'10	13'11"
3. Marcus Hesske	'18	13'1 ¾"

Javelin (600g)

1. Roman Mitchell	'16	188'6"
2. Roman Mitchell	'15	150'7
3. Bruce Black	'14	142'3"

Javelin (800g)

1. Matthew Swepson	'18	140'8"
2. Justus Shelton	'17	136'
3. Hayden Smith	'17	132'6"

3000m Race Walk

1.	Joshua Englebert	'12	18:41.14
2.	Khalil Gary	'12	22:09.06
3.	Don'Tay Jones	'07	23:03.62

4x100 Meter Relay

1.	Track Eastern Carolina	'09	42.76
	- C. Barrino, J. Horton, M. Jones, C. Lewis		
2.	Charlotte Flights Track Club 'B'	'18	43.65
3.	Charlotte Speed	'09	43.70
	- E. Blake, B. Grier, J. Ray, R. Turnbull		

4x400 Meter Relay

1.	Track Eastern Carolina	'09	3:23.05
	- C. Barrino, M. Jones, J. Scott, D. Smalls		
2.	Track Xplosion	'09	3:25.78
	- D. Brown, C. Gabriel, T. Smith, K. Taylor-Greene		
3.	Carolina Allstars	'12	3:30.02

BOYS YOUNG (17-18)

100m Dash

1.	Daniel Estrada	'17	10.39
2.	Daniel Estrada	'17	10.41
3.	Quashawn Cunningham	'14	10.42

200m Dash

1.	Quashawn Cunningham	'14	21.01
2.	Darius Brewington	'93	21.36
3.	Fuquawn Green	'09	21.37

400m Dash

1.	Ky-Mani Dula	'15	47.29
2.	Khaleb Mcrae	'19	47.46
3.	Taddarin Phroneberger	'09	47.71

800m Run

1.	Anthony Hendrix	'07	1:53.02
2.	Nick Thompson	'18	1:55.96
3.	Qua-Ronz Robinson	'17	1:56.21

1500m Run

1.	Blanton Gillespie	'14	4:12.15
2.	Kyle Goodman	'18	4:16.83
3.	Robert Currington	'03	4:18.89

3000m Run

1.	Kyle Armstrong	'89	9:08.35
2.	Hunter Gilbert	'15	9:21.02
3.	John Frank	'88	9:24.70

5000m Run

1.	Christopher Carter	'03	16:49.17
2.	Brian Fowler	'02	17:00.15
3.	Timothy Baney	'99	17:18.00

100m Hurdles

1.	Tracey Henrey	'89	15.16
2.	Reggie Pitts	'89	15.56
3.	Karress Motley	'89	15:63

110m Hurdles

1.	Jayhlen Washington	'17	13.98
2.	Joshua Brockman	'18	14.06
3.	Marcus Krah	'16	14.16
	Booker Nunley IV	'07	14.16

400m Hurdles

1.	Raymonte Dow	'17	52.77
2.	Johnny Dutch	'06	54.21
3.	Elliott Graves	'15	54.57

Long Jump

1.	Cameron Hudson	'12	23'9 1/2"
2.	Stephen Torrence	'89	23'9"
3.	Nakia Davis	'93	23'7"

Triple Jump

1.	Tim Kelly	'94	47'10 1/4"
2.	Trevor Anderson	'09	47'3"
3.	Robert Marks	'92	47'2 3/4"

High Jump

1.	Doug William	'93	6'8"
2.	Mykol Branch	'14	6'6"
	Steven Bell	'09	6'6"
	Robert Harris	'93	6'6"
3.	Jordan Dale	'14	6'4"
	Alexander Louden	'10	6'4"
	Desmond White	'08	6'4"
	Leroy Palmer	'89	6'4"

Shot Put

1.	Chancelor Crawford	'17	56'6"
2.	Kenneth Rowland	'08	55'1"
3.	Timon Edelen	'18	54'3.75"

Discus

1.	Chancelor Crawford	'17	175'1"
2.	Iyin Battle	'15	170'4"
3.	Montrell Morrow	'09	160'5"

Pole Vault

1. Elijah Cole	'16	15'4"
2. Marshall Shank	'15	15'3"
3. Spencer Evans	'18	15'2.25"

Javelin

1. Brendon Hodge	'17	143'8"
2. Bruce Black	'17	136'6"
3. Cameron Fishburne	'17	129'7"

Javelin (800g)

1. Timon Edelen	'18	175'10"
2. Luke Etherton	'19	159'1 $\frac{7}{8}$ "
3. Ryan Tenor Jr.	'19	156'1 $\frac{1}{3}$ "

4x100 Meter Relay

1. Charlotte Flights Track Club	'14	41.91	
- C. Hancock, C. Soronnadi, G. Clark, J. Crowder			
2. Port City Track Club	'16	42.24	
- C. Coley-Barnhill, D. Ballard, J. Smith, S. Graham			
3. Sandhills 'A'	'12	42.37	
- L. Elliot, J. Harris, B. McRae, J. Mccorkle			

4x400 Meter Relay

1. Charlotte Flights 'A'	'12	2:37.26	
- D. Boyce, D. Brownlee, T. Drayton-Ferguson, L. Gibson			
2. Purpose Driven NC Elite 'A'	'17	3:20.23	
- J. Petty, J. Ballew, M. Mcgee, Q. Robinson			
3. High Point Heat TC 'A'	'17	3:22.16	
- A. Morgan, I. Daniels, J. Chalmers, R. Dow			

YOUTH GIRLS RECORDS

GIRLS BANTAM (10 and under)

100m Dash

1. Aida Joseph	'19	13.58
2. Tyresha Alexander	'09	13.69
3. Bryana Saunders	'09	13.74

200m Dash

1. Tianna Spinks	'17	28.00
2. Shawnti Jackson	'15	28.11
3. Elizabeth Deen	'17	28.20

400m Dash

1. Kisha Smith	'89	1:04.42
2. Kayla Davis	'13	1:04.47
3. Londyn Atkinson	'18	1:04.57

800m Run

1.	Eliza Dekker	'07	2:38.00
2.	Eboni Roberson	'09	2:40:38
3.	Ashlan Bowdry	'10	2:41.85

1500m Run

1.	Eliza Dekker	'07	5:13.68
2.	Caroline Barton	'17	5:22.43
3.	Lily Alder	'17	5:22.62

3000m Run

1.	Meghann Gunderman	'93	13:48
2.	Shelley Muench	'93	21:34

Long Jump

1.	Elizabeth Deen	'17	15'7 ³ / ₄ "
2.	Jakiiiah Campbell	'11	14'4 ¹ / ₂ "
3.	Kenyne Austin	'09	13'10 ¹ / ₂ "

High Jump

1.	Ashlyn Hudson	'18	4'1 ¹ / ₄ "
	Joslyn Hamilton	'16	4'1 ¹ / ₄ "
2.	Deja Brooks	'16	3'11 ¹ / ₄ "
3.	Janay Sanders	'10	3'10"
	Alani Rouse	'10	3'10"
	Amanda Gerni	'07	3'10"

Shot Put

1.	Chinyere Bell	'07	28'0 ¹ / ₂ "
2.	Camri Hobbs	'17	23'6 ³ / ₄ "
3.	Maya Stanley	'10	22'9"

Javelin

1.	Rhian Lawrence	'15	75'8"
2.	Ella Hannant	'19	74'2 ¹ / ₈ "
3.	Taylor Blue	'18	59'6"
4.	Ella Hannant	'18	58'3"

1500m Race Walk

1.	Hannah Kisley	'03	9:48.41
2.	Clinethia Chaney	'93	11:03.80
3.	Jenyla Williams	'17	11:11.01

4x100 Meter Relay

1.	Run U Xpress 'A' - A. Perkins, C. McCullough, M. Harris, S. Edwards	'17	57.84
2.	Charlotte Flight - C. Morgan, D. Erby, M. Davis, T. Moore	'19	58.56
3.	Durham Striders - J. Brown, A. Council, S. Holland, D. Robinson	'06	58.58

4x400 Meter Relay

1.	Triangle Champions Track 'A'	'12	4:56.07
	- T. Gray, E. Harris, I. Holder-Cozart, A. Johnson		
2.	Durham Striders 'A'	'12	4:57.56
	- M. Bennett, J. Edwards, M. Frazier, A. Penny-Campbell		
3.	Durham Striders	'10	5:05.50
	- A. Bowdry, J. Green, P. Hathaway, K. Mitchell		

GIRLS MIDGET (11-12)

100m Dash

1.	Elizabeth Deen	'19	12.57
2.	Kayla Davis	'15	12.68
3.	Elizabeth Deen	'18	12.89

200m Dash

1.	Kayla Davis	'15	25.57
2.	Akala Garrett	'17	26.46
3.	Lavernia Chambers	'94	26.93

400m Dash

1.	Shawnti Jackson	'16	1:01.27
2.	Joyce Fortson	'88	1:01.28
3.	Chanin Scott	'10	1:01.38

800m Run

1.	Eliza Dekker	'09	2:26.99
2.	Lauren Richards	'15	2:28.50
3.	Chanin Scott	'10	2:29.63

1500m Run

1.	Eliza Dekker	'09	5:02.79
2.	Victoria Swepson	'15	5:02.09
3.	Paige Hathaway	'12	5:11.61

3000m Run

1.	Carmen Alder	'15	11:02.61
2.	Emily Barton	'19	11:12.88
3.	Vanessa Alder	'16	11:15.71

80m Hurdles

1.	Elizabeth Deen	'19	12.45
2.	Kori Randle	'18	12.76
3.	Mollie Williams	'07	12.77

Long Jump

1.	Elizabeth Deen	'19	17'9 1/3"
2.	Elizabeth Deen	'18	17'2 3/4"
3.	Alora Williams	'18	15'10 1/4"

High Jump

1.	Chamia Rothwell	'10	4'10"
2.	Chamia Rothwell	'09	4'7 ½"
3.	Ty'ania Gray	'15	4'7"
	Amari Reaves	'15	4'7"
	Ciara Robinson	'13	4'7"
	Alani Rouse	'12	4'7"

Shot Put

1.	Khayla Dawson	'10	36'4"
2.	Breanna Warren	'07	35'2"
3.	Khayla Dawson	'09	33'3 ¼"

Discus

1.	Khayla Dawson	'10	85'9"
2.	Maya Stanley	'12	85'7"
3.	Tameia Morrison	'10	75'1"

Javelin Turbo (300g)

1.	Mariah Frazier	'15	76'10"
2.	Malea Spooner	'15	71'03"

Javelin Aero (450g)

1.	Holly McKee	'18	71'3"
2.	Layla Jones	'19	71'2 ⅓"
3.	Moriah Evans	'18	69'9"

1500m Race Walk

1.	Melissa Williams	'92	8:17.30
2.	Melissa Williams	'91	8:47.70
3.	Hannah Kisley	'05	9:35.87

4x100 Meter Relay

1.	Run U Xpress 'A'	'17	51.89
	- A. Scott, J. Quao, M. Kiel, S. Jackson		
2.	Track Xplosion 'A'	'18	52.63
	- J. Hamilton, K. McLeod, K. Randle, M. Lipscomb		
3.	Charlotte Flights	'09	53.07
	- D. Carter, M. Grier, O. Walker, J. Woods		

4x400 Meter Relay

1.	Durham Striders 'A'	'12	4:23.26
	- A. Bowdry, Z. Freeny, P. Hathaway, K. Moore		
2.	Charlotte Flights 'A'	'12	4:25.45
	- L. Cordray, K. Hill, M. Preston, C. Strother		
3.	Charlotte Flights	'10	4:27.42
	- J. Braswell, T. Hicks, L. Jones, C. Scott		

GIRLS YOUTH (13-14)

100m Dash

1.	Kayla Davis	'17	11.88
2.	Kayla Davis	'17	12.05
3.	Jordan Sales	'16	12.14

200m Dash

1.	Kayla Davis	'17	24.17
2.	Paisley Simmons	'09	24.97
3.	Jordan Sales	'16	25.19

400m Dash

1.	Kaylyn Brown	'18	57.00
2.	Mirai Bernard	'19	57.50
3.	Dejah Jones	'09	57.71

800m Run

1.	Lynlee Johnson	'19	2:20.12
2.	Akala Garrett	'19	2:20.21
3.	Dejah Jones	'09	2:20.25

1500m Run

1.	Victoria Swepson	'17	4:55.39
2.	Dejah Jones	'09	4:59.08
3.	Samiiiah Wilson	'09	5:02.62

3000m Run

1.	Carmen Alder	'17	10:24.70
2.	Carmen Alder	'16	10:39.81
3.	Hannah Shaffer	'19	10:47.18

100m Hurdles

1.	Akala Garrett	'19	14.36
2.	Akala Garrett	'18	14.95
3.	Breanne Bygrave	'12	15.03

200m Hurdles

1.	Akala Garrett	'19	27.66
2.	Akira Rhodes	'14	28.76
3.	Mollie Williams	'09	28.89

400m Hurdles

1.	Amy Harvey	'92	36.60
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Long Jump

1.	Kenya Majors	'13	17'5 ¼"
2.	Kenya Austin	'12	17'1 ½"
3.	Kelsia Moore	'13	16'7 ¼"

Triple Jump

1. Kayla Moore	'13	36'1 ¼"
2. Alexis Willis	'19	34'7 ¾"
3. Lia King	'09	34'1 ½"

High Jump

1. Cheyla Scott	'19	5'8 ⅛"
2. Jania Hodges	'16	5'3"
3. Jazmine Williamson	'17 & '18	5'1"
Jania Hodges	'15	5'1"
Ciara Robinson	'15	5'1"

Shot Put

1. Khayla Dawson	'12	42'4 ¾"
2. Khayla Dawson	'11	42'4"
3. Kayla Beasley	'14	41'9 ¼"

Discus

1. Khayla Dawson	'12	100'11"
2. Camryn Massey	'19	100'6 ⅔"
3. Breanna Warren	'09	99'10"

Pole Vault

1. Hanna Riley	'18	8'9"
2. Makayla Nickell	'10	8'2"
3. Chloe Kirkpatrick	'14	7'6"
Audrey Poindexter	'17	7'6"

Javelin

1. Maya Stanley	'14	81'10"
2. Joy Harris	'14	80'10"
3. Lauren Janok	'14	78'00"

Javelin (600g)

1. Ava Toppin	'18	90'5"
2. Destiny Faison	'18	72'
3. Christina Jones	'18	71'10"

3000m Race Walk

1. Hannah Kisley	'06	19:56.53
2. Madeline Osika	'12	22:13.53
3. Tashiara High	'05	22:26.16

4x100 Meter Relay

1. Track Xplosion 'A' - C. Fort, J. Hart, K. Jones, T. Outlaw	'17	48.26
2. Track Xplosion 'A' - C. Fort, J. Hart, N. Udoeye, T. Outlaw	'18	48.88
3. Durham Striders - T. Bigelow, B. Brown, J. Brown, A. Woodall	'10	49.44

4x400 Meter Relay

1.	Durham Striders 'A'	'12	4:13.90
	- K. Austin, L. Medley, J. Morris, Y. Simpson		
2.	Piedmont AC	'09	4:14.67
	- J. Culbreath, B. Mitchell, M. Spigner, E. Williams		
3.	Durham Striders	'09	4:18.01
	- J. Brown, D. Robinson, A. Tillman, J. Wright		

GIRLS INTERMEDIATE (15-16)

100m Dash

1.	Kayla Davis	'18	11.86
2.	Jordan Sales	'17	11.92
3.	Kaylyn Brown	'19	11.94

200m Dash

1.	Kelly Nillark	'89	21.15
2.	Sandy Harrison	'03	21.17
3.	Kaylyn Brown	'19	24.22

400m Dash

1.	Kayla Davis	'18	55.51
2.	Briana Haith	'09	55.61
3.	Tsheila Mungo	'09	55.78

800m Run

1.	Andrea Cozzarelli	'05	2:05.83
2.	Monzerad Creary	'16	2:16.91
3.	Deanna Foshee	'09	2:17.90

1500m Run

1.	Malia Ellington	'13	4:30.25
2.	Brooke Turner	'14	4:48.09
3.	Chloe Cox	'14	4:59.64

3000m Run

1.	Andrea Cozzarelli	'05	11:10.12
2.	Sarah Latour	'15	11:10.38
3.	Danielle Lugo	'16	11:23.14

100m Hurdles

1.	Kendall Jordan	'19	14.54
2.	Gabriele Cunningham	'14	14.56
3.	Sherice Walker	'07	14.84

400m Hurdles

1.	Francesca Evans	'10	1:03.70
2.	Claudia Cox	'14	1:04.94
3.	Kendall Jordan	'19	1:04.96

Long Jump

1. Alexis Hall	'09	18'11 ¼"
2. Camillia Mormon	'03	18'8"
3. Courtney Crawford	'11	18'1 ½"

Triple Jump

1. Aisha Cannon	'09	39'4 ½"
2. Camillia Mormon	'03	39'2"
3. Dejah Hayes	'10	37'7 ¾"

High Jump

1. Patience Coleman	'04	5'8"
2. Hannah Hensley	'10	5'7 ¾"
3. Jazmine Williamson	'19	5'5 ⅓"

Shot Put

1. Alycia Springs	'13	39'3 ¾"
2. Veronica Fraley	'16	39' ¼"
3. Kayla Beasley	'16	38'6 ¼"

Discus

1. Veronica Fraley	'16	136'8"
2. Alycia Springs	'13	132'6"
3. Alycia Springs	'14	125'6"

Javelin

1. Avianna Hopkins	'15	104'7"
2. Avianna Hopkins	'14	103'2"
3. Tameia Morrison	'14	101'6"

Javelin (600g)

1. Alyson Halbach	'18	97'
2. Jada Green	'17	96'6"
3. Joy Harris	'17	94'6"

Pole Vault

1. McKenna Brunick	'18	11'9"
Riley Felts	'17	11'9"
Elise Hall	'17	11'9"
2. Sydney White	'10	11'5 ¾"
3. Maddie Davies	'19	10'8"

3000m Race Walk

1. Hannah Kisley	'08	17:53.87
2. Hannah Kisley	'09	18:07.55
3. Christina Parker	'04	20:45.49

4x100 Meter Relay

1.	Charlotte Flights	'09	47.57
	- J. Collins, C. Cottle, L. Harris, T. Mungo		
2.	Triangle Champions	'09	48.63
	- M. Franklin, P. Goldmon, A. Perry, S. Pryor		
3.	Durham Striders	'06	48.94
	- J. Evans, M. Jordan, B. Wilkins, S. Walker		

4x400 Meter Relay

1.	High Point Heat	'15	4:03.56
	- L. Williams, M. Creary, T. Clark, T. Gidderon		
2.	Durham Striders	'10	4:07.85
	- F. Evans, R. Faucette, A. Faulcon, T. Jordan		
3.	Charlotte Flights	'09	4:10.43
	- C. Cottle, L. Harris, C. Jackson, T. Mungo		

GIRLS YOUNG (17-18)

100m Dash

1.	Cambrea Sturgis	'18	11.59
2.	Melicia Mouzzon	'18	11.81
3.	Destiny Wallace	'18	11.84

200m Dash

1.	Cambrea Sturgis	'18	24.39
2.	Ebonie Cunningham	'06	24.52
3.	Zakiya Tyson	'09	24.53

400m Dash

1.	Marisa Bellamy	'10	55.10
2.	Cambrea Sturgis	'16	55.48
3.	Ebonie Cunningham	'06	55.92

800m Run

1.	Ti'Coiya Gidderon	'17	2:15.50
2.	Tamatrix Morrison	'13	2:17.65
3.	G'Jasmyne Butler	'15	2:19.10

1500m Run

1.	Sarah Rapp	'10	4:49.20
2.	Tammie Carpenter	'92	4:51.10
3.	G'Jasmyne Butler	'15	4:55.54

3000m Run

1.	Callie Wynn	'13	10:34.24
2.	Jenny Warfford	'96	11:08.00
3.	Hannah Zenker	'15	11:12.56

100m Hurdles

1. Anna Cockrell	'14	13.95
2. Latoya James	'07	14.15
3. Corbin McLean	'18	14.35
Kendra Harrison	'10	14.35

400m Hurdles

1. Tametris Morrison	'12	1:02.12
2. Miata Morlu	'09	1:02.30
3. Tamatris Morrison	'13	1:02.41

Long Jump

1. Shakinah Brooks	'13	18'10 ½"
2. Latoya James	'07	18'10"
3. Dejah Hayes	'12	17'9 ¾"

Triple Jump

1. Morgan Smalls	'19	39'8 ¾"
2. Jacinda Evans	'07	38'10 ½"
3. Nicole Lawson	'15	38'3 ½"
Jada Woods	'15	38'3 ½"

High Jump

1. Morgan Smalls	'19	5'9"
2. Colleen McGinn	'99	5'6"
Kim McPhatter	'94	5'6"
3. Amara Bell	'12	5'5"
Libby Florence	'12	5'5"

Shot Put

1. Jza-Quashia Chavis	'14	40'1 ¼"
2. Candice Whitley	'16	39'9 ¼"
3. LesLeigh Tabor	'16	39'2 ¼"

Discus

1. Bryanna Hames	'14	152'0"
2. Emily Schobel	'94	130'7 ¾"
3. Edith McLure	'88	125'2"

Javelin

1. Courtney Murph	'16	104'5"
2. Tameia Morrison	'15	102'1"
3. Halvandra McNeill	'14	98'10"

Javelin (600g)

1. Jada Green	'18	119'9"
2. Jada Green	'19	115'10"
3. Joy Harris	'18	107'8"

Pole Vault

1. Riley Felts	'19	13'3 1/2"
2. Sydney White	'12	13'2"
3. Sarah Brown	'19	12'11 1/2"

3000m Rack Walk

1. Cayla Lowe	'09	20:50.42
2. Destiny Boyd-Vaughan	'12	26:44.43
3. Destiny Boyd-Vaughan	'11	28:10.54

4x100 Meter Relay

1. Track Eastern Carolina	'09	45.45
- D. Anyanwu, R. Bygrave, T. Downing, E. Scott		
2. Track Xplosion	'16	46.33
- C. Hackney, K. Lewis, K. Wright, S. Davis		
3. High Point Heat TC 'A'	'17	47.70
- D. Wallace, L. Williams, L. Bolden, M. Kafi		

4x400 Meter Relay

1. Track Eastern Carolina 'B'	'09	3:57.84
- S. Jenkins, J. King, E. Scott, B. Wyatt		
2. High Point Heat TC 'A'	'17	4:03.52
- L. Williams, L. Bolden, M. Creary, T. Gidderon		
3. Carolina Allstarts	'16	4:13.41
- A. Macon, C. Jones, S. Hardwick, T. Williams		

MEN'S OPEN/MASTERS RECORDS

MEN'S OPEN: 19 & over

100m Dash

1.	Sean McLean	'18	10.26
2.	Burkheart Ellis Jr.	'18	10.31
3.	Dennis Boone	'08	10.33

200m Dash

1.	Demetrias McCloud	'08	20.63
2.	Guy Maganga Gorra	'19	20.77
3.	Gary Kikaya	'08	20.78

400m Dash

1.	Dane Hyatt	'12	45.49
2.	Dane Hyatt	'13	45.83
3.	Michael Bingham	'08	45.98

800m Run

1.	Moise Joseph	'08	1:49.40
2.	Aaron Combs	'17	1:53.32
3.	Alvin Miles	'08	1:53.97

1500m Run

1.	Dan Capriotlio	'88	3:59.00
2.	Michael Benninger	'94	4:04.00
3.	Mike Ryan	'94	4:05.00

3000m Run

1.	Musa Williams	'94	8:38.30
2.	Michael Benninger	'94	8:39.40
3.	Musa Williams	'95	8:43.00

110m Hurdles

1.	Drew Brunson	'10	13.46
2.	Eric Keddo	'10	13.67
3.	Moussa Dembele	'16	13.79
	Adams Abdulrazaaq	'12	13.79

400m Hurdles

1.	Adrian Findlay	'08	49.14
2.	Andre Clarke	'17	49.24
3.	Leford Green	'12	49.76

5000m Hurdles

1.	Michael Bowers	'92	16:17.10
2.	John Moss	'92	16:51.10
3.	Wayne Richardson	'92	16:58.80

Long Jump

1. Alexander	'88	24'7 ³ / ₄ "
2. Chris Lawson	'12	24'2 ¹ / ₂ "
3. Damarcus Simpson	'19	24'1 ³ / ₄ "

Triple Jump

1. Ryan Grinnell	'13	53'10 ¹ / ₄ "
2. Lincoln Carr	'12	52'2 ³ / ₄ "
3. Ryan Grinnell	'14	51'11 ¹ / ₄ "

High Jump

1. Joe Kindred	'08	7'0"
Obie Martin	'89	7'0"
Russell Clark	'88	7'0"
Shelton Boyer	'88	7'0"
2. Darius Purcell	'13	6'10 ³ / ₄ "
3. Chris Copeland	'12	6'9 ³ / ₄ "
Joe Kindred	'10	6'9 ³ / ₄ "

Shot Put

1. Mitchell Pop	'16	61'8 ¹ / ₄ "
2. Jake Deaton	'14	59'11 ³ / ₄ "
3. Jake Deaton	'15	57'7"

Discus

1. Jake Deaton	'15	176'4"
2. Jake Deaton	'14	171'5"
3. Steve Sarigiannis	'98	163'4 ¹ / ₄ "

Pole Vault

1. Scott Houston	'17	18'1"
2. Michael Cyphers	'19	16'8 ³ / ₄ "
2. Kean Howe	'19	16'8 ³ / ₄ "
3. Jake Davis	'19	16'5"

Javelin

1. Osvaldo Hernandez	'16	189'0"
2. Osvaldo Hernandez	'17	176'5"
3. Osvaldo Hernandez	'14	174'5"

1 Mile Walk

1. Curt Clausen	'96	5:58.00
2. Curt Clausen	'93	5:59.40
3. Curt Clausen	'95	6:12.60

3000m Walk

1. Troy Piotrowski	'99	27:24.00
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4x100 Meter Relay

1. RJBC	'07	43.26
- C. Willis, C. Simmons, R. McNeill, B. Frazier		
2. Garillbro	'09	46.02
- D. Branch, J. Holman, S. Howard, E. London		

4x400 Meter Relay

1. NC Central	'06	3:43.27
2. Nineteen Plus	'02	3:44.40
3. Craver	'01	4:20.00

Outdoor Pentathlon

1. Nicholas Futia	'14	2559
2. Allen Jordan	'13	2159
3. Osvaldo Hernandez	'14	1980

MEN'S MASTERS: 30-39

100m Dash

1. Julius Meekins	'95	10.50
2. Michael Chiles	'99	10.56
3. Donelle Dunning	'08	10.65

200m Dash

1. James Law	'13	21.63
2. Jamar Glenn	'10	21.74
3. Julius Meekins	'93	21.77

400m Dash

1. Leon Bullard	'13	50.74
2. Michael Robinson	'11	51.36
3. Earleese Owens Jr	'09	52.39

800m Run

1. Marcus Ski	'96	2:02.00
2. Trevorr Lewis	'09	2:02.03
3. Mark Scott	'97	2:02.09

1500m Run

1. Paul Ingrassia	'88	4:12.00
2. Paul Daruson	'88	4:13.00
3. David Martin	'92	4:13.60

3000m Run

1. Alvin Everhart	'89	8:57.10
2. Alvin Everhart	'90	9:03.10
3. Alvin Everhart	'88	9:03.90

110m Hurdles

1. Hector Cotto	'16	14.23
2. Rolston Gabriel	'16	14.71
3. Chris Ricketts	'12	15.19

400m Hurdles

1. Asuerus Thompson	'17	53.02
2. Asuerus Thompson	'15	53.40
3. Marqueth Tard	'12	53.52

Long Jump

1. Julius Meekins	'93	24'9"
2. Julius Meekins	'92	23'6"
3. Julius Meekins	'94	23'0"

Triple Jump

1. AJ Moore II	'16	52'2"
2. AJ Moore II	'15	50'6 1/4"
3. Julius Meekins	'93	46'8"

High Jump

1. Dwayne Allen	'16	6'2 3/4"
2. Mark Williamson	'96	6'2"
3. Andrew Gatt	'05	6'0"
Gary Murphy	'89	6'0"

Shot Put

1. Lathon Pope	'15	61'1/4"
2. Earnest Butler	'95	47'9"
3. Neil Derycke	'03	45'0"

Discus

1. Kunle Lawson	'03	158'9"
2. Jim Anthony	'90	144'0"
3. Jim Anthony	'89	142'6"

Pole Vault

1. David Hood	'96	14'6"
2. Bradley Hicks	'10	13'11 1/4"
3. Daniel Isaacs	'09	13'5 1/4"

Javelin

1. Steve McGranahan	'95	143'7"
2. Curt Phoenix	'95	142'6"
3. Shawn McKee	'17	142'5"

1 Mile Walk

1. Alvia Gaskill	'93	7:51.20
2. Alvia Gaskill	'94	8:04.90
3. Stanley Porter	'98	11:12

3000m Racewalk

1. Alvia Gaskill	'92	15:57.90
2. Andy Jackson	'92	17:22.80

Outdoor Pentathlon

1. Tim O'Riley	'14	1,958
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MEN'S MASTERS: 40-49

100m Dash

1. Anthony Floyd	'08	11.40
2. Terry Passione	'08	11.61
3. Anthony Floyd	'07	11.64

200m Dash

1. Eddie Stone	'99	23.00
2. Barry Wise	'99	23.19
3. Art Henson	'10	23.68

400m Dash

1. Leon Bullard	'15	52.58
2. Robert Harding	'04	53.82
3. Eddie Stone	'00	54.30

800m Run

1. Edward Daw	'89	2:04.00
2. Wilson Weldon	'89	2:06.00
3. Kevin St. John	'98	2:10.00

1500m Run

1. Edward Daw	'89	4:14.70
2. Thomas Hare	'89	4:19.40
3. Wilson Weldon	'89	4:20.80

3000m Run

1. Thomas Hare	'92	9:24.30
2. Thomas Hare	'88	9:35.30
3. Thomas Hare	'93	9:49.40

5000m Run

1. Charles Roedel	'92	20:16.80
2. Peter Klopfer	'92	20:34.00

110m Hurdles

1. Art Henson	'10	14.98
2. Sergey Tsivachov	'02	15.73
3. Art Henson	'15	16.43

400m Hurdles

1. Dale Smith	'95	1:02.00
2. Michael Jones Sr	'09	1:02.95
3. Dale Smith	'94	1:03.47

Long Jump

1. Julius Meekins	'00	21'2"
2. Art Henson	'15	19'5 1/2"
3. Jeff Goins	'14	18'10"

Triple Jump

1. Julius Meekins	'00	41'8 1/2"
2. Trace Barnette	'00	40'1 1/2"
3. Jeff Goins	'14	38'5"

High Jump

1. Mark Williamson	'00	6'4"
2. Mark Williamson	'01 & '04	6'1"
3. Mark Williamson	'98	6'0"

Shot Put

1. Phil Caraher	'19	49' 1/8"
2. Neil DeRycke	'16	42'4 1/4"
3. Neil DeRycke	'15	42'2"

Discus

1. Jason Lattimore	'17	143'4"
2. Peter Hennigan	'16	140'9"
3. Peter Hennigan	'19	128'7"

Pole Vault

1. Charlie Stode	'90	15'0"
2. Vincent Struble	'98	13'0"
3. Larry Martin	'97	12'6"
William Busby	'93	12'6"

Javelin

1. Larry Martin	'97	143'3"
2. Jay Liles	'95	135'
3. Kevin Crist	'17	128'1"

1 Mile Race Walk

1. John Harmer	'96	7:54.00
2. John Harmer	'95	8:11.80
3. Andrew Jackson	'97	8:56.51

3000m Race Walk

1. Brett Dixon	'16	15:30.69
2. Tony Hackney	'05	17:22.93
3. Brett Dixon	'17	17:27.74

4x100 Meter Relay

1. Men4x1 '12 1:04.88

Outdoor Pentathlon

1. Chris Sarsony '13 2,627

MEN'S MASTERS: 50-59

100m Dash

1. Ervin Mitchell '90 12.30
2. Marcus Shute '13 12.33
Anthony Searles '10 12.33
3. Anthony Searles '09 12.36

200m Dash

1. Paul Brown '14 24.65
2. Marcus Shute '13 24.72
3. Benjamin Cureton '17 25.24

400m Dash

1. Marcus Shute '13 54.48
2. Paul Brown '14 55.19
3. Andy Barada '95 55.40

800m Run

1. Maurice McDonald '92 2:11.50
2. David Cannon '19 2:16.98
3. Maurice McDonald '96 2:19.00

1500m Run

1. Edwin Harris '88 4:42.00
2. Rick Edwards '04 4:49.58
3. Edwin Harris '90 4:52.10

3000m Run

1. Rick Edwards '04 10:35.92
2. Greg Dudra '15 10:42.49
3. Larry Miller '04 10:42.56

100m Hurdles

1. Mark Williamson '09 15.01
2. Michael Jones '15 15.06
3. Michael Jones '13 15.11

110m Hurdles

1. Andy Barada '95 21.80

400m Hurdles

1. Michael Jones	'13	1:03.89
2. Michael Jones	'15	1:05.35
3. Michael Jones	'17	1:06.88

Long Jump

1. Mike Kayes	'13	17'1 1/2"
2. Nathaniel Carter	'93	16'6"
3. Nathaniel Carter	'90	16'3"

Triple Jump

1. Michael Memoli	'07	37'7"
2. Nathaniel Carter	'90	34'2 3/4"
3. Michael Memoli	'09	33'3 3/4"

High Jump

1. Mark Williamson	'08	6'0"
2. Mark Williamson	'12	5'11 1/4"
3. Mark Williamson	'14	5'7 3/4"

Shot Put

1. Frank Reilly	'00	47'6 3/4"
2. John Galarde	'09	46'11 1/2"
3. Harry Janetzko	'05	46'8 3/4"
Frank Reilly	'05	46'8 3/4"

Discus

1. John Galarde	'09	156'11"
2. Frank Reilly	'00	151'7 3/4"
3. Harry Janetzko	'10	141'2"

Pole Vault

1. Bill Halverson	'09 & '10	13'5 1/4"
2. Vincent Strumble	'03	13'3"
3. Eric Seay	'12	12'6"
Bill Halverson	'11	12'6"

Javelin

1. Franklin Roberts	'16	136'5"
2. Glenn Dawson	'98	123' 1/2"
3. Mike Kayes	'13	120'10"

1 Mile Race Walk

1. Ray McKinnis	'95	8:59.50
2. George Antonelli	'98	10:01
3. Philip Veenhus	'94	10:02.30

3000m Race Walk

1.	Tony Turkett	'13	13:43.21
2.	Andrew Smith	'07	14:59.55
3.	Andrew Smith	'08	16:03.32

4x100 Meter Relay

1.	Master 50-59	'08	1:06.77
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Outdoor Pentathlon

1.	Mike Kayes	'13	2,884
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MEN'S MASTERS: 60-69

100m Dash

1.	Anthony Searles	'14	12.42
2.	Robert Bowen	'16	13.10
	Raynah Adams	'98	13.10
3.	Jim Law	'88	13.15

200m Dash

1.	Robert Bowen	'16	26.82
2.	Raynah Adams	'97	27.50
3.	Raynah Adams	'98	27.60

400m Dash

1.	Raynah Adams	'97	1:00.28
2.	Eddie Stone	'17	1:01.06
3.	Jim Law	'88	1:05.67

800m Run

1.	Bill DeLoache	'19	2:31.18
2.	Maxwell Hamlin	'02	2:32.55
3.	Don Lein	'94	2:38.61

1500m Run

1.	Rick Edwards	'17	5:11.55
2.	Don Lein	'95	5:22.00
3.	Maxwell Hamlin	'05	5:25.41

3000m Run

1.	Don Lein	'94	10:12.40 **Time is in question**
2.	Don Lein	'95	11:29.10
3.	Terence Tipton	'16	11:45.40

80m Hurdles

1.	Jim Sharps	'13	21.05
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100m Hurdles

1.	John Schreiber	'01	19.70
2.	Dick Taylor	'92	20.00
3.	Dick Taylor	'94	20.03

110m Hurdles

1.	Glenn Yoder	'96	23.80
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300m Hurdles

1.	John Schreiber	'01	1:01.00
2.	Tom Waite	'09	1:03.59

400m Hurdles

1.	Dick Taylor	'94	55.40
2.	Dick Taylor	'92	58.40
3.	Dick Taylor	'93	59.80

Long Jump

1.	Willie McLeod	'00	15'5 ³ / ₄ "
2.	Joel Liles	'08	15'2 ³ / ₄ "
3.	Bobby Moore	'94	15'1"

Triple Jump

1.	Joe Liles	'08	30'0"
2.	Joe Liles	'07	29'9"
3.	Joel Liles	'09	29'2 ¹ / ₂ "

High Jump

1.	Aubrey Hilliard	'13	5'1"
	Eric Teagarden	'12	5'1"
2.	Glenn Yoder	'96	4'10 ³ / ₄ "
3.	Glenn Yoder	'98	4'10"

Shot Put

1.	Frank Reilly	'08	47'7"
2.	Thomas Steed	'04	45'1"
3.	Thomas Steed	'05	44'11"

Discus

1.	Frank Reilly	'09	154'6"
2.	Harry Jonetzko	'15	150'10"
3.	Frank Reilly	'08	148'8"

Pole Vault

1.	Bill Halverson	'19	12'2"
2.	Bill Halverson	'17	11'1/4"
3.	Grady Whitsit	'08	10'0"

Javelin

1. Denis Tallini	'13	141'3"
2. Edward Hearn	'16	137'1"
3. Edward Hearn	'13	136'4"

1 Mile Race Walk

1. Mike Michel	'98	8:21.00
2. Andrew Briggs	'93	9:05.00
3. Bill Livengood	'96	10:23.00

3000m Race Walk

1. Mike Michel	'99	16:54.00
2. Andrew Briggs	'92	18:24.00

4x100 Meter Relay

1. Allstars - K. Smith Jr., C. Moore, J. Liles, J. Shoaf	'07	1:02.66
2. Master 60-69	'08	1:04.21
3. Unattached - K. Hicks, C. Moore, K. Smith	'09	1:55.20

Outdoor Pentathlon

1. Stefan Waltermann	'13	2,401
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MEN'S MASTERS: 70-79

100m Dash

1. George Parker	'19	13.79
2. Alfred Deans	'09	14.78
3. Ervin Mitchell	'09	14.79

200m Dash

1. George Parker	'19	29.38
2. Samuel Hall	'19	31.02
3. Charles Roland Krueger	'19	31.86

400m Dash

1. Charles Krueger	'17	1:11.61
2. Alan Irwin	'17	1:13.48
3. Randy Swann	'14	1:16.68

800m Run

1. Jay Smith	'19	2:51.99
2. Charles Roland Krueger	'19	2:52.57
3. Edwin Harris	'08	2:53.14

1500m Run

1. Edwin Harris	'08	6:03.72
2. Peter Klopfer	'01	6:23.20
3. Wendell Holland	'08	7:32.48

3000m Run

1. Wendell Holland	'08	14:53.62
2. Bhag-Singh Sidhu	'99	17:20.00
3. Bhag-Singh Sidhu	'03	19:40.07

80m Hurdles

1. Jim Sharps	'15	14.87
2. John Schreiber	'03	15.29
3. Jim Sharps	'17	15.37

Long Jump

1. Kelly Smith Jr	'12	13'7"
2. John Schreiber	'03	14'4"
3. Jim Sharps	'15	12'5 1/4"

Triple Jump

1. Jim Sharps	'17	29'10 1/4"
2. Jim Sharps	'15	28'4 1/4"
3. Nathaniel Carter	'14	26'3 3/4"

High Jump

1. Jim Sharps	'15	4'5"
2. Glenn Yoder	'04	4'4"
3. Glenn Yoder	'05	4'2"
Jim Sharps	'17	4'2"

Shot Put

1. Glenn Sasser	'17	42'11"
2. Mike Valle	'12	37'5 3/4"
3. Bill Gramley	'07	36'8"

Discus

1. Gramley Williams	'08	126'9"
2. Mike Valle	'12	126'1"
3. William Gramley	'09	119'3"

Javelin

1. Joe Sheridan	'17	124'1"
2. William Rhoad	'13	64'9"
3. David Hostetler	'14	59'6"

3000m Race Walk

1. Ren Long	'01	19:08.00
2. Bill Patterson	'92	19:24.00
3. George Kimberly	'08	20:45.28

4x100 Meter Relay

1. Old Stars 'A'	'13	1:09.39
- J. Shoaf, C. Moore, K. Smith, W. Rhoad		
2. Seventy Plus	'07	1:33.85
- L. Greco, D. Hammer, J. Schreiber, B. Kelley		

MEN'S MASTERS: 80+

100m Dash

1. Clarence Moore	'16	18.19
2. Lawrence Greco	'09	21.53
3. Peter Murtos	'02	21.74

200m Dash

1. Clarence Moore	'16	40.45
2. Peter Murtos	'02	50.25

400m Dash

1. Peter Murtos	'02	2:08.71
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80m Hurdles

1. Bob Boal	'92	20.60
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300m Hurdles

1. Bob Boal	'92	1:18.80
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Long Jump

1. Dave Hostetler	'15	6'5 3/4"
2. Clarence Moore	'16	6'3 1/4"

High Jump

1. Dave Hostetler	'15	3'6"
Bob Boal	'92	3'6"

Shot Put

1. Gerald Vaughn	'19	29'1"
2. Raymond Arrington	'00	15'10 1/4"

Discus

1. Floyd Simmons	'04	75'3"
2. Dave Hostetler	'15	75'2"
3. Bill Patterson	'97	57'9"

Pole Vault

1. Bob Boal	'92	7'0"
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3000 Meter Race Walk

1. Thomas Harmon	'07	21:22.62
2. George Kimberly	'13	23:39.91

WOMEN'S OPEN/MASTERS RECORDS

WOMEN'S OPEN: 19 & older

100m Dash

1.	Oludamola Osayomi	'08	11.18
2.	Oludamola Osayomi	'10	11.29
3.	Barbara Pierre	'10	11.37

200m Dash

1.	Melisa Barber	'08	23.15
2.	Angelique Smith	'08	23.57
3.	Ruddy Zang	'12	23.70
	Michelle Stewart	'92	23.70

400m Dash

1.	Lashinda Demus	'08	53.33
2.	Ajoke Odumosu	'08	53.46
3.	Tovea Jenkins	'17	54.09

800m Run

1.	Kenyetta Iyevbele	'13	2:06.07
2.	Aja Jackson	'12	2:08.59
3.	Ericka Charles	'17	2:09.17

1500m Run

1.	Michelle Stewart	'92	4:43.40
2.	Erika Crawford	'95	5:09.90
3.	Wynona Larson	'94	5:11.00

3000m Run

1.	Emily Byrd	'15	11:41.30
2.	Emily Byrd	'14	12:04.05
3.	Andrea Smythe	'07	12:13.81

5000m Run

1.	Sue Cullen	'92	20:45.10
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100m Hurdles

1.	Samaiyah Islam	'08	13.12
2.	Kendra Newton	'13	13.24
3.	Kendra Netwon	'15	13.33
	Kendra Newton	'12	13.33

110m Hurdles

1.	Ashley Parham	'92	15.50
2.	Aaron Speller	'92	17.20

400m Hurdles

1. Yanique Haye-Smith	'15	59.05
2. Kamilah Tyson	'12	1:00.77
3. Yanique Haye-Smith	'14	1:01.30

Long Jump

1. Jacinda Evans	'12	20'1 ³ / ₄ "
2. Jacinda Evans	'13	19'11 ³ / ₄ "
3. Chrishawn Williams	'13	19'10 ¹ / ₄ "

Triple Jump

1. Sheena Gordon	'08	44'8 ¹ / ₄ "
2. Brandy Depland	'08	42'9 ¹ / ₂ "
3. Ryann Hendricks	'16	41'11 ¹ / ₄ "

High Jump

1. Elizabeth Olsen	'16	5'5"
2. Kelly Mieskalski	'94	5'4"
3. Quizeah Jackson	'16	5'3"

Shot Put

1. Brianna Tate	'13	46'9"
2. Beth Manson	'91	43'1 ³ / ₄ "
3. Nicole Kelly	'08	40'5 ¹ / ₂ "

Discus

1. Beth Manson	'91	155'11 ¹ / ₂ "
2. Helene McGriff	'96	126'9"
3. Ashley Taylor	'19	111'10 ¹ / ₂ "

Javelin

1. Nicole Kelly	'10	127'9"
2. Kiana Smith	'10	122'6"
3. Jza-Quashia Chavis	'15	115'2"

Pole Vault

1. Jill Marois	'19	13'9 ¹ / ₃ "
2. Daylis Caballero	'13	13'5 ¹ / ₄ "
3. Jill Marois	'17	12' 8"

1-Mile Race Walk

1. Nicole Campbell	'95	13:25.50
2. Mimi Chanza	'95	14:51.10

4x100 Meter Relay

1. Telea Vinson	'01	56.30
2. Liz Johnson	'01	56.70

WOMEN'S MASTERS: 30-39

100m Dash

1.	Antoinette Padilla	'17	12.40
2.	Natasha Peebles	'03	12.56
3.	Regina Richardson	'03	13.31

200m Dash

1.	Antoinette Padilla	'17	25.94
2.	Ruby Bost	'12	25.97
3.	Jolanda Howard	'09	27.23

400m Dash

1.	Monique Hennagan	'08	51.73
2.	Monique Hennagan	'09	53.57
3.	Ruby Bost	'12	57.59

800m Run

1.	Florencia Hunt	'08	2:08.25
2.	Kim Eggert	'94	2:33.67
3.	Lisa Cox	'01	2:35.00

1500m Run

1.	Kim Eggert	'94	5:18.00
2.	Judi Nicholson	'94	5:38.00
3.	Kim Eggert	'93	5:41.57

3000m Run

1.	Sue Cullen	'93	11:06.40
2.	Tamika Newsome	'14	12:09.04
3.	Kim Eggert	'93	12:22.00

100m Hurdles

1.	Terri Lockwood	'00	54.60
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400m Hurdles

1.	Kamilah Tyson	'09	58.78
2.	Kamilah Tyson	'10	59.82
3.	Kamilah Tyson	'11	1:02.61

Long Jump

1.	Alie Israel-Thomas	'16	17'7"
2.	Regina Richardson	'03	17'6"
3.	Regina Richardson	'04	17'1"

Triple Jump

1.	Cindy Peters	'16	38'4"
2.	Regina Richardson	'04	37'5"
3.	Regina Richardson	'03	36'2"

High Jump

1. Kimberly Baker	'06	4'11"
2. Nicole Kelly	'11	4'9 ³ / ₄ "
3. Nicole Kelly	'15	4'7"

Shot Put

1. Nicole Kelly	'13	37'6 ³ / ₄ "
2. Nicole Kelly	'15	37'3"
3. Nicole Kelly	'12	37'2 ¹ / ₄ "

Discus

1. Michelle Perno	'12	106'07"
2. Michelle Perno	'13	94'4"
3. Michelle Perno	'16	83'6"

Javelin

1. Nicole Kelly	'15	123'6"
2. Nicole Kelly	'13	116'0"
3. Nicole Kelly	'17	115'7"

1500m Race Walk

1. Kim Eggert	'93	10:35.40
2. Trudy Rains	'93	10:42.40
3. Phyllis Moore	'93	12:16.50

3000m Race Walk

1. Lib McGowan	'00	20:23.90
2. Carmen Plemmons	'01	20:54.00

1 Mile Race Walk

1. Alva Gaskill	'95	8:06.10
2. Julie Stolzer	'97	9:29.46
3. Judi Nicholson	'95	15:41.90

4x100 Meter Relay

1. Unattached	'09	53.63
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WOMEN'S MASTERS: 40-49

100m Dash

1. Melisa Barber	'14	11.54
2. Toccata Murphy	'13	13.04
3. Angel Willis	'16	13.25

200m Dash

1. Toccata Murphy	'13	26.68
2. Angel Willis	'16	27.86
3. Toccata Murphy	'19	28.44

400m Dash

1.	Maryline Roux	'13	1:04.27
2.	Maryline Roux	'14	1:06.10
3.	Melia Tyndall	'17	1:09.73

800m Run

1.	Cindy Barbour	'11	2:34.10
2.	Robyn Holland	'11	2:41.18
3.	Kris Kaze	'09	2:42.42

1500m Run

1.	Cindy Barbour	'11	5:12.61
2.	Robyn Holland	'11	5:40.11
3.	Lane Wilton	'08	6:04.90

3000m Run

1.	Dorit Attias	'02	12:31.12
2.	Aline Lloyd	'13	14:31.59
3.	Deborah Springer	'15	19:15.24

80m Hurdles

1.	Regina Richardson	'06	12.43
2.	Regina Richardson	'05	12.82
3.	Anne Sluder	'13	12.90

400m Hurdles

1.	Anne Sluder	'15	1:11.86
2.	Anne Sluder	'14	1:12.26
3.	Anne Sluder	'16	1:12.72

Long Jump

1.	Regina Richardson	'05	17'6"
2.	Anne Sluder	'16	16'11 ¼"
3.	Anne Sluder	'14	16'9"

Triple Jump

1.	Regina Richardson	'05	37'10 ½"
2.	Regina Richardson	'13	34'5 ½"

High Jump

1.	Anne Sluder	'19	5'3"
	Anne Sluder	'13	5'3"
2.	Anne Sluder	'16	5'1"
	Anne Sluder	'15	5'1"

Shot Put

1.	Flor Robelo	'17	38'4 ¼"
2.	Flor Robelo	'16	36'8 ¼"
3.	Courtney Jones	'16	27'2 ¾"

Discus

1. Angel Green-Underwood	'16	79'3"
2. Courtney Jones	'16	77'0"
3. Tanya Simmons	'17	74'4"

Javelin

1. Flor Robelo	'16	98'0"
2. Anne Sluder	'13	91'0"
3. Anne Sluder	'14	83'0"

Pole Vault

1. Anne Sluder	'19	8'6"
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1 Mile Race Walk

1. Teresa Douglas	'96	12:20.00
2. Shirley Long	'94	12:34.60
3. Pat Pasteur	'94	13:35.70

3000m Race Walk

1. Dorit Attias	'01	16:04.73
2. Katherine Fincher	'04	20:14.73
3. Rebecca Guijarro	'01	20:54.00

4x100 Meter Relay

1. Ladies4x1	'12	1:14.60
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WOMEN'S MASTERS: 50-59

100m Dash

1. Melanie Walker	'19	14.15
2. Becky Bowman	'17	14.35
3. Cheryl Bey	'19	14.71

200m Dash

1. Melanie Walker	'19	29.71
2. Cheryl Bey	'19	30.69
3. Becky Bowman	'17	31.09

400m Dash

1. Marcella Hale-Hall	'09	1:11.44
2. Lane Wilton	'16	1:13.31

800m Run

1. Lane Wilton	'19	2:47.74
2. Mary Szymkowski	'13	2:55.55
3. Kathy Smith	'09	3:29.81

1500m Run

1. Mary Szymkowski	'13	6:05.67
2. Lane Wilton	'19	6:12.94
3. Kathy Smith	'09	7:24.04

3000m Run

1. Kathy Smith	'09	14:56.75
2. Sarah Whitmore	'01	15:51.20
3. Kathy Smith	'10	15:59.49

80m Hurdles

1. Regina Richardson	'15	13.92
2. Regina Richardson	'17	15.66

300m Hurdles

1. Regina Richardson	'17	1:19.37
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Long Jump

1. Regina Richardson	'15	14'7 ¼"
2. Patricia Clemmons	'15	10'8 ½"
3. B.J. Mickel-Close	'05	7'4"

Triple Jump

1. Regina Richardson	'15	31'3 ¼"
2. Regina Richardson	'17	31'
3. B.J. Mickel-Close	'06	16'4 ¼"

High Jump

1. Barbara Teagarden	'12	3'5 ¼"
2. Patricia Clemmons	'15	3'1 ¼"

Shot Put

1. Wyvette Staten	'19	32'1 7/8"
2. Patricia Clemmons	'15	26'1"
Patricia Clemmons	'17	26'1"
3. Linda Kelly	'17	25'6 ¼"

Discus

1. Penny Weaver	'94	71'8"
2. Hona Harrington	'19	62'1 2/3"
3. Patricia Clemmons	'15	62'1"

Javelin

1. Shaaron Sellars	'13	62'3"
2. Linda Kelly	'17	56'9"
3. Patricia Clemmons	'15	49'4"

1 Mile Race Walk

1. Serena Wang	'96	13:08.00
2. Leila Livengood	'94	13:53.00

3000m Race Walk

1. Ingrid Birkeland	'03	20:01.01
2. Katherine Fincher	'09	20:44.85
3. Ingrid Birkeland	'02	20:59.26

WOMEN'S MASTERS: 60-69

100m Dash

1. Jane Barnes	'12	15.13
2. Irma Bond-Maxbauer	'14	15.81
3. Carol Stein	'17	16.05

200m Dash

1. Jane Barnes	'12	32.95
2. Carol Stein	'17	33.50
3. Irma Bond-Maxbauer	'14	35.65

400m Dash

1. Peggy Bliss	'92	1:33.80
2. Louise Guardino	'05	1:41.01
3. Angela Staab	'03	1:52.43

800m Run

1. Linda Wells	'16	4:04.21
2. Angela Staab	'03	4:14.73
3. Angela Staab	'08	4:35.88

1500m Run

1. Angela Staab	'07	10:01.51
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Long Jump

1. Irma Bond-Maxbauer	'14	11'6"
2. Anne Yudell	'94	8'1"

Shot Put

1. Irma Bond-Maxbauer	'14	25'3 1/2"
2. Nancy Linker	'10	22'9 3/4"
3. Anita Zetts	'91	21'5 1/2"

Discus

1. Nancy Linkey	'10	45'10"
2. Anita Zetts	'91	45'3"
3. Robin Sheesley	'19	43'8 3/8"

1500m Race Walk

1. Anne Yudell	'94	12:00.20
2. Lelia Livengood	'93	13:28.30

3000m Race Walk

1. Gayle Sink	'02	21:05.00
2. Gayle Sink	'01	21:23.20
3. Anne Yudell	'00	24:33.40

WOMEN'S MASTERS: 70-79

100m Dash

1. Louise Guardino	'12	18.52
2. Louise Guardino	'13	18.53
3. Louise Guardino	'16	18.80

200m Dash

1. Louise Guardino	'13	40.06
2. Louise Guardino	'12	40.15
3. Louise Guardino	'16	42.27

400m Dash

1. Louise Guardino	'16	1:36.92
2. Louise Guardino	'15	1:38.28
3. Louise Guardino	'17	1:44.78

800m Run

1. Margaret Hagerty	'97	4:27.90
2. Margaret Hagerty	'98	4:40.00
3. Martha Klopter	'15	4:53.91

1500m Run

1. Margaret Hagerty	'97	9:21.95
2. Margaret Hagerty	'99	9:22.00
3. Margaret Hagerty	'98	9:48.00

Long Jump

1. Margaret Davis	'00	4'5 ½"
2. Rochelle Bolyard	'93	4'0"
3. Rochelle Bolyard	'94	3'7 ½"

Shot Put

1. Anita Zetts	'96	19' ¾"
2. Rebecca Vaughn	'19	18' 10 ⅓"
3. Rochelle Bolyard	'96	17' ¼"

Javelin

1. Angela Staab	'15	31'9"
2. Angela Staab	'17	27'1"
3. Louise Guardino	'16	26'5"

Discus

1. Margaret Davis	'00	48'8"
2. Frances Matthews	'00	47'1"
3. Anita Zetts	'96	41'4 ³ / ₄ "

3000m Race Walk

1. Terry Hamilton	'04	24:27.07
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WOMEN'S MASTERS: 80+

100m Dash

1. Margaret Hagerty	'04	30.12
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800m Run

1. Margaret Hagerty	'04	5:56.35
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Long Jump

1. Fay Bond	'14	3' ¹ / ₄ "
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Shot Put

1. Fay Bond	'14	13'10 ¹ / ₄ "
2. Juanita Brookover	'00	8'7"

Discus

1. Juanita Brookover	'00	39'2 ¹ / ₂ "
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3000m Race Walk

1. Terry Hamilton	'08	26:32.34
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